

## S-Force Performance Trainer

The S-Force Performance Trainer combines a specifically designed motion and a magnetic resistance system to take high-intensity interval training to the next level. As members move through a user-defined path that fits their individual stride, resistance automatically increases the harder they work. This means even HIIT enthusiasts are pushed to their limit.



- Smooth, quiet magnetic resistance system and a specifically designed motion provide low-impact, high-intensity exercise
- Magnetic resistance increases the harder the athlete works, creating challenging progressive workouts
- User-defined path accommodates up to a 91 cm / 36" stride length
- Cord-free design and integrated wheels make it easy to place the unit anywhere in your facility
- Adjustable backlit console provides complete, easy-to-read feedback
- Clearly defined quick keys offer instant access to Sprint 8, interval training and goal-based training programs
- Contoured handlebars offer multiple secure grips and instant resistance adjustment
- Foot platforms and ergonomically sculpted seat provide stability when entering and exiting

CONSOLE	
DISPLAY SCREEN	Extra-large Backlit LCD Display
TELEMETRIC RECEIVER	Yes
PROGRAMS	Sprint 8, Goals, Interval, Challenge
DISPLAY READOUT	Time, Distance, SPM (steps per minute), Steps, Heart Rate, Calories (with heart rate strap)

FEATURES	
HANDLEBAR DESIGN	Multi-position handlebar
TRANSPORT	3 wheel transport
PEDALS	Self leveling with quick release strap
STRIDE LENGTH	91.4 cm / 36"
RESISTANCE LEVELS	5

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	182 x 69 x 166 cm / 72" x 27" x 66"
POWER REQUIREMENTS	3 D-cell Batteries
RESISTANCE TECHNOLOGY	Magnetic Resistance
SHIPPING WEIGHT	155 kg / 340 lbs.
PRODUCT WEIGHT	132 kg / 290 lbs.
MAX USER WEIGHT	181.4 kg / 400 lbs.